

Sheet1

	<b>Sweet Corn</b>
	California Sweet and Sugar 75
<b>Source of Origin</b>	Maharashtra
<b>Certificates</b>	
<b>Package</b>	Bulk, 250 gms, 500 gm, 1 kg.
<b>Appearance</b>	Golden Yellow
<b>Available Months</b>	12 Months
<b>Supply Capacity</b>	
<b>Minimum Order</b>	2 Tonnes
<b>Processing Type</b>	IQF and Blast Frozen
<b>NUTRITIONAL INFORMATION</b>	
<b>Water%</b>	68.36
<b>Protein%</b>	2.39
<b>Fat%</b>	1.34
<b>Sugar%</b>	7.38
<b>Calcium (Ca)%</b>	0.12
<b>Phosphorus (P)%</b>	5.0111 mg
<b>Iron (Fe)(mg/100gm)</b>	0.47 mg
<b>Vit A</b>	10 IU
<b>Vit B</b>	-
<b>Vit B1 (ThiA)</b>	-
<b>Vit B2 (Ribf)</b>	-
<b>Vit C(mg/100gm)</b>	2.8722 mg
<b>Niacin</b>	1.53 mg
<b>Minerals%</b>	-
<b>Fibers%</b>	2.95
<b>Sodium (Na)</b>	-
<b>Folic Acid</b>	0.1 mg
<b>Source</b>	USDA national nutrient data